

# GIRLS *fight* BACK

by NICOLE  SNELL

Empowering Campus Communities Since 2001!

Trust your intuition  
and listen to  
your gut

Spot a creeper  
up close or at  
a distance

Unleash your  
inner **WARRIOR**  
(yeah YOU!)

Protect yourself  
with verbal **AND**  
physical skills

A 3-step  
fighting series that  
almost anyone can do



#badassbasics

[www.girlsfightback.com](http://www.girlsfightback.com)

**You'll laugh. You'll yell. You'll kick some booty!**



Join Nicole for this interactive seminar to discuss boundary setting, situational awareness, consent, intuition, verbal skills, the basics of physical self-defense and **MUCH MORE!**

